



Diana Sofia

SPEAKER • HYPNOTHERAPIST •
MINDSET & SUBCONSCIOUS
REPROGRAMMING COACH

MEDIA KIT

Hi, I'm Diana!

HUMAN POTENTIAL ACTIVATOR

Diana Sofia is a passionate California-based International Hypnotherapist and Mindset and subconscious Reprogramming Coach who helps purpose-driven coaches, entrepreneurs, and personal brands ditch imposter syndrome, disempowering beliefs, self-sabotage, and fear of judgment/rejection, so they can take bold action, show up confidently in their business, and increase their income and impact. She's the creator of the "Path To Unstoppable Blueprint", a method that takes her clients from hiding in their business and feeling small to shining with confidence and authenticity.

Follow her on Instagram @iamdianasofia to tap into her practical tips and resources to overcome self-doubt, disempowering beliefs, and fear of being seen/judged/rejected. Ready to show up powerfully in your business and take the bold action that will help you achieve your revenue and impact goals? Visit Diana's website and access her free training "How To Achieve Your Business Goals Easier & Faster" today.





SPEAKING TOPICS

- ✓ How to use the power of your subconscious mind to increase your income and impact while having fun.
- ✓ Imposter syndrome: what is it, why it happens, and how to overcome it.
- ✓ Fear of being seen & judged: why it happens, how to spot it and overcome it.
- ✓ The 3 key necessary ingredients to go from hiding and playing small in your business to shining, and showing up unapologetically.
- ✓ How to use your business triggers to step into your next level of success.
- ✓ Subconscious self-sabotage is keeping you from achieving your goals. Here's how to spot it and overcome it.
- ✓ 60-minute belief clearing group experience.
- ✓ 60-minute emotional clearing & regulation group experience or inner child work

AS SEEN
IN ON



Client Testimonials

"It was like magic!! All of the anxiety and heightened focus on what other people think of me were just gone. I felt a calmness when it came to posting on social media that I had never felt before. It all became so easy."

Goli K.

"My work with Diana helped me step into my power. Now, I have the confidence to show up to be the guide and coach that I wanted to be for my audience and not care of what people think or say."

Michele S.



WHO I WORK WITH

Coaches, online entrepreneurs, healers, and thought leaders who feel their Income and impact are being held back by their limiting beliefs, self-doubt, Imposter syndrome, and/or fear of being seen, judged, or rejected.

WHAT YOU CAN EXPECT

After working with me, my clients experience more confidence and a higher belief in themselves and their capabilities, adopt more empowering beliefs about marketing and selling, and let go of their fear of judgment and rejection. They also experience increased well-being, joy, focus, creativity, and higher levels of performance. As a result, they show up more powerfully and confidently in their businesses, which results in increased impact and revenue.



info@dianasofia.com
www.dianasofia.com



GET IN TOUCH

Get ready to show up powerfully in your business and take the bold actions that support you in achieving your revenue and impact goals.

Diana Sofia